



Midwest Athletic Conference All-Time Records

All-MAC Teams - GIRLS CROSS-COUNTRY 2004

1ST TEAM

| NAME | SCHOOL | TIME |
|--------------------------|--------------|----------|
| Brigitte Sherman | Minster | 19:22.54 |
| Kristin Smith | Versailles | 19:25.29 |
| Katie Dahlinghaus | Minster | 19:28.45 |
| Jill VonderHaar | Coldwater | 19:29.07 |
| Emily Wuebker | Marion Local | 19:39.87 |
| Tasha Stucke | Coldwater | 19:48.59 |
| Kristen Grilliot | Versailles | 19:52.71 |
| Kara Niekamp | Minster | 19:55.20 |
| Trisha Bruns | Marion Local | 19:57.78 |
| Erin Calveage | St. John's | 20:02.50 |
| Caitlin Liette | Versailles | 20:13.39 |
| Cecelia Slonkosky | Minster | 20:17.38 |

HONORABLE MENTION

| NAME | SCHOOL | TIME |
|--------------------------|--------------|----------|
| Katie Mestemaker | Versailles | 20:26.65 |
| Kristen Henderson | Versailles | 20:36.17 |
| Amber Niekamp | New Bremen | 20:44.03 |
| Stacy Evers | Marion Local | 20:47.22 |
| Ashley Kanney | Coldwater | 20:47.84 |
| Kristen Philipot | Versailles | 20:53.74 |
| Mallory Barga | Versailles | 21:15.58 |
| Beth Hemmelgarn | St. Henry | 21:17.12 |

MAC GIRLS CROSS-COUNTRY RUNNER OF THE YEAR - Brigitte Sherman, Minster

MAC TEAM CHAMPIONS - Minster Wildcats

MAC GIRLS CROSS-COUNTRY COACH OF THE YEAR - Jessie Magoto, Minster