



Midwest Athletic Conference All-Time Records

All-MAC Teams - GIRLS CROSS-COUNTRY 2023

1ST TEAM

NAME	SCHOOL	GRADE
Maggie Hemmelgarn	Minster	12
Maria Niekamp	Minster	10
Chaney Cedarlef	Minster	12
Natalie Brunswick	Ft. Recovery	12
Claire Bohman	Minster	9
Annie Hemmelgarn	Minster	10
Meredith Barga	Versailles	12
Raleigh Baumer	St. Henry	12
Morgan Ketner	Minster	12
Ava Rismiller	Versailles	9
Josie Bruns	Marion Local	11
Audrey Alig	Coldwater	9

2ND TEAM

NAME	SCHOOL	GRADE
Ally Heath	St. Henry	12
Ellie Will	Ft. Recovery	12
Ava Stammen	Minster	11
Riley Hagens	Minster	10
Rachel Niekamp	Minster	12
Ellie Grieshop	Minster	10
Joelle Kaup	Ft. Recovery	11
Taylor Muhlenkamp	Parkway	10

MAC GIRLS CROSS-COUNTRY RUNNER OF THE YEAR - Maggie Hemmelgarn, Minster

MAC TEAM CHAMPIONS - Minster Wildcats

MAC GIRLS CROSS-COUNTRY COACH OF THE YEAR - Jessie Magoto, Minster

HONORABLE MENTION

NAME	SCHOOL	GRADE
Paige Williamson	Parkway	12
Cady Donaldson	St. John's	10
Ariyah Pfenning	New Knoxville	10
Layla Fullenkamp	New Bremen	10
Breann Mathewson	Coldwater	9

Gabby Spitzer	Versailles	11
Christina Tong	Parkway	10
Eden Barga	Versailles	10